

Based on 20 oz Serving

	Lite		Deluxe	
	Calories	Carbs	Calories	Carbs
Julius Caesar	356	38	489	55
Channing Caesar	412	47	576	72
Socrates	321	32	466	46
Plato	385	41	592	72
Aristotle	370	45	472	62
Confucius	357	40	471	61
Fountain of Youth	315	35	395	54
Shangri-La	305	34	385	52
Garden of Eden	315	35	395	54
Elysium	306	36	387	51
El-Dorado	304	34	386	50
Protein per 20 oz	37-39g		41-43g	